MPT (SPORTS) STUDENT WORKED AS TEAM PHYSIOTHERAPIST IN AIFF SUB-JUNIOR NATIONAL FOOTBALL CHAMPIONSHIP

MPT (Sport) student, Dr. Jigar Garasia (PT) worked as a team physiotherapist of Gujarat State Sub-Junior Men's Football Team in All India Football Federation (AIFF) Sub-Junior National Football Championship organized at Behrampore, West Bengal from 10th August 2023 to 13th September 2023. During this duration, he was given the responsibility for pre-competition fitness assessment of players and to plan an injury prevention program. During the tournament he worked on-field where he treated various injuries such as quadriceps muscle strain, contusion, hamstrings muscle strain, knee injuries, etc. His service was highly appreciated by the players as well as by the Gujarat State Football Association (GSFA). Dr. Jigar had really a nice on-field exposure. We are very much thankful to GSFA for giving this opportunity.